

# Menu

## FRIEDAY

### INTERNATIONAL BUFFET

#### SALADS

Green beans salad, German potatoes salad, zucchini salad, eggs salad with cocktail, beetroot salad with orange, red cabbage with orange, black olive, green olive, mix pickles

#### FROM GARDEN

Tomatoes, cucumber, carrot, lettuce, green pepper, onion, fresh parsley, red cabbage, white cabbage, Oils display, assorted condiments

#### DRESSING

Cocktail sauce, vinaigrette, thousand islands, French dressing

#### MIRROR

Cold cuts, vegetable pate, stuffed eggs with Russian salad

#### SOUP

Vegetables Cream Soup  
Chicken Broth



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### **MAIN COURSE**

Almond Rice, black eye ragout , fried  
vegetables , oven backed macaroni ,  
grilled fish butter lemon sauce  
,potatoes Boulanger ,chicken with  
artichoke

### **LIFE COOKING**

Roasted Lamb with mint sauce  
Spaghetti bolognaise

### **DESSERT**

English trifle , chocolate profiteroles ,  
cream caramel orange flavored ,  
vanilla mousse ,fruit cake hollandaise  
tart, banana crumple, fruit tart ,  
assorted French pastry , fruit display,

### **BREAD**

Mixed bread display and butter



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*Menu*  
*Saturday*

**MEDITERRANEAN  
BUFFET**

**SALADS**

Zucchini provincial, pumpkin salad,  
red kidney beans salad, artichoke  
salad, macaroni with calamari, chick  
peas salad, radish salad, yoghurt  
salad, eggplant salad, black olive,  
green olive

**FROM GARDEN**

Tomatoes, cucumber, carrot, lettuce,  
green pepper, onion, fresh parsley,  
fresh beetroot, white cabbage,  
watercress, oils display, assorted  
condiments

**DRESSING**

Cocktail sauce, vinaigrette, basil  
sauce, French dressing

**MIRROR**

Cold cuts, mix cheese, vegetable  
terrine



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## **SOUP**

Tomatoes Cream Soup with basil  
Check peas soup

## **MAIN COURSE**

Rice with vermicelli, zucchini ragout,  
sautéed vegetables, lasagna, calamari  
provincial sauce, potatoes with herbs,  
chicken ala Greek

## **LIFE COOKING**

Beef Shawarma served with Arabic  
bread and tahina sauce

## **DESSERT**

Fruit jelly, Mocca mousse, oriental  
pastry, rice pudding, black forest,  
assorted French pastry , ganache cake,  
fruit carina, lemon curd, fruit display,  
fruit gratin

## **BREAD**

Mixed bread display and butter



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*Menu*  
*SUNDAY*

**B.B.Q BUFFET**

**SALADS**

Zucchini with sweet corn, potatoes with smoked beef, beetroot salad, egg ala russe, celery heart vinaigrette, green beans salad, chicken salad, green olive, black olive, mix pickles

**FROM GARDEN**

Tomatoes, cucumber, carrot, lettuce, green pepper, onion, fresh parsley, red cabbage, white cabbage, watercress, oils display, assorted condiments

**DRESSING**

Cocktail sauce, vinaigrette, mustard sauce, French dressing

**MIRROR**

Chicken galantine and chicken liver mousse, mix cheese



**SOUP**

Potatoes leek soup

**MAIN COURSE**

Rice with green peas, broccoli with almond, carrots Vichy, roast beef Flemish style served with red wine sauce , roast potatoes with smoked beef and onion, chicken ala Bruxellois  
filet of fish meuniere

**LIFE COOKING**

Spaghetti with 2 kind of sauce  
(botaneska & carbonara)

**DESSERT**

Fruit cake, yoghurt cake, apple tart, cream caramel, strawberry mousse, chocolate mousse, ,peach custard flan , French pastry, banana tart, fresh fruit

**BREAD**

Mixed bread display and butter

*Menu*  
*MONDAY*

**ITALIAN BUFFET**

**SALADS**

Grilled zucchini with basil, grilled eggplant with mozzarella, chicken salad with herbs, green beans with tuna, pasta salad with basil, mushroom salad, tomatoes and mozzarella, grilled green with rosemary, black olive, green olive, mix pickles

**FROM GARDEN**

Tomatoes, cucumber, carrot, lettuce, green pepper, onion, fresh parsley, red cabbage, watercress, Oils display

**DRESSING**

Italian dressing, basil sauce, vinaigrette, thousand islands, French dressing

**MIRROR**

Beef salami with sweet melon  
Calabrese



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**SOUP**

Minestrone Soup  
mushroom cream soup

**MAIN COURSE**

Saffron rice, sliced potatoes with herbs, veal meat balls with mornay sauce, cannelloni, fried vegetable, green peas ragout, fried fish with tartar sauce, mini pizza

**LIFE COOKING**

Chicken cacciatore  
Penne Arabiatta

**DESSERT**

Cheese cake, cinnamon cake, mix pudding, fruit galantine, black berry mousse, opera cake, argental, apricot tart, strawberry cake, Italian chocolate, assorted French pastry, fruit display

**BREAD**

Mixed bread display and butter



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*Menu*

*WEDSDAY*

**FRENCH BUFFET**

**SALADS**

Aida salad, tuna salad, Nicosia salad, ratatouille salad, beetroot with parsley, zucchini with mushroom salad, pasta salad with tuna, black olive, green olive, mix pickles

**FROM GARDEN**

Tomatoes, cucumber, carrot, lettuce, green pepper, onion, fresh parsley, watercress, Oils display , assorted condiments

**DRESSING**

Cocktail sauce, vinaigrette, thousand islands, French dressing

**MIRROR**

Cold cuts, fish pate, staffed eggs with tuna mousse



**SOUP**

Chicken Cream Soup  
Onion soup

**MAIN COURSE**

Rice with tomatoes, ragout green beans, sautéed vegetables, Spanish gratin, grilled fish provincial sauce, Hache parmatier, braised beef with pepper sauce

**LIFE COOKING**

Roasted turkey gravy sauce  
Spaghetti Silesian

**DESSERT**

Caramelized lemon tart, chocolate mousse, tart Talien, cream Brule orange, white chocolate mousse, date tart, beach tart, choux Chantilly, fruit cake, assorted French pastry, fruit display

**BREAD**

Mixed bread display and butter

# Menu

## WEDNESDAY

### ORIENTAL BUFFET

#### SALADS

Tahina salad, babaghanoug, yogurt salad, taboula, hummus ,white beans salad, pickled tomatoes, pickled eggplant, fried zucchini, oriental salad, black olive, green olive, mix pickles

#### FROM GARDEN

Tomatoes, cucumber, carrot, lettuce, green pepper, onion, fresh parsley, red cabbage, white cabbage, Oils display, assorted condiments

#### DRESSING

Cocktail sauce, vinaigrette, thousand islands, French dressing

#### MIRROR

Mixed dolma, sambousak



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## **SOUP**

Traditional lentil Soup  
Vermicelli soup

## **MAIN COURSE**

Oriental Rice, cuscus & kosheri ,  
mousaka, oven potatoes ,chicken with  
birds tongue, goulash with meat, fish  
sayadia

## **LIFE COOKING**

Grilled kofta  
Falafel station

## **DESSERT**

Assorted oriental pastry (basbussa,  
baklava, konaffa, zalabia, rawany,  
barazek, basemah, sawabh zainab,  
shakalama, azezia, gozea, rice  
pudding, Om Ali, fruit display

## **BREAD**

Mixed bread display and butter



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# Menu

## THURSDAY

### FAR EAST BUFFET

#### SALADS

Gado gado with peanuts sauce, cauliflower with curry, cucumber with sesame seeds, beef with vegetable Thai style, Indonesian veal salad, chicken wings Chinese style, fish salad with pineapple, black olive, green olive, oils display, assorted condiments

#### FROM GARDEN

Tomatoes, cucumber, carrot, lettuce, green pepper, Spring onion, fresh parsley, red cabbage

#### DRESSING

Chili sauce, vinaigrette, oyster sauce, peanuts sauce

#### MIRROR

Roast beef, mix cheese

### **SOUP**

Mulligatawny Soup  
Sweet corn soup

### **MAIN COURSE**

Chinese Rice, pumpkin gratin, mix  
vegetables with curry, noodles pasta  
Chinese style, fish oyster sauce,  
potatoes with sesame, chicken with  
curry

### **LIFE COOKING**

Shredded beef Chinese style  
(soya sauce- oyster sauce- green  
coriander- carrot- zucchini - green  
onion)  
Spring rolls with soya sauce & sweet  
and sour sauce

### **DESSERT**

Rice pudding, pineapple upside-down  
cake, sesame tart, orange mousse,  
fruit cake, fruit tart, charlotte  
royale, shros, Fried apple, coconut  
cake, semolina pudding , fruit display

### **BREAD**

Mixed bread display and butter